



Training and Support for using the CSNAT approach in practice

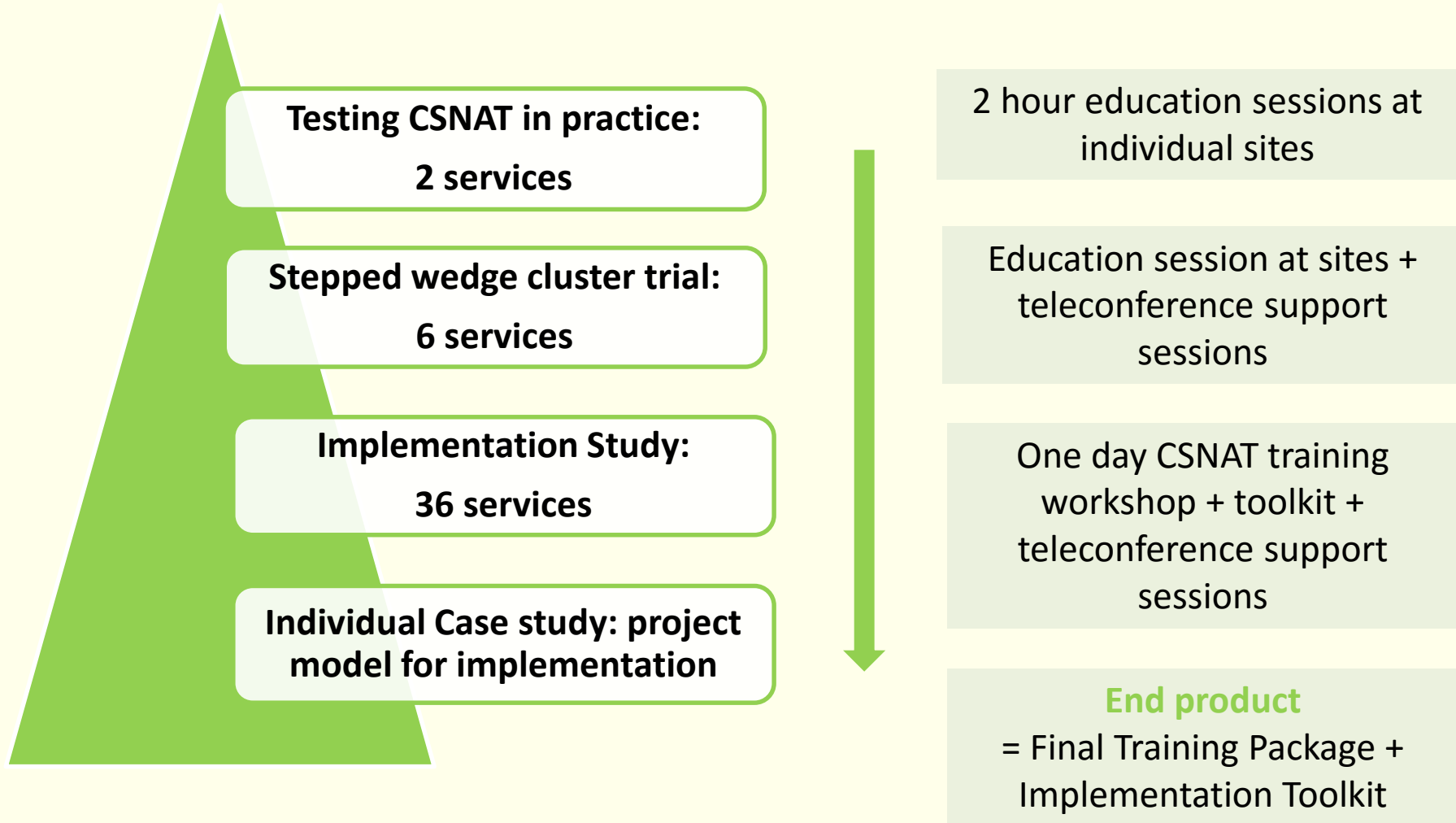
Janet Diffin

The University of Manchester



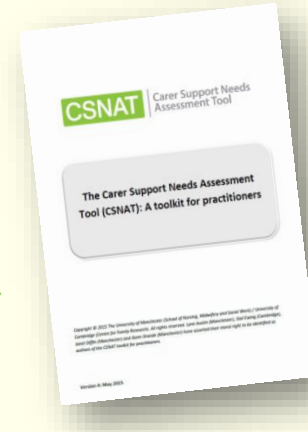
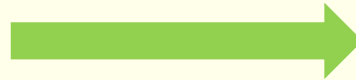
Evolution of the CSNAT approach



Training & Support Package

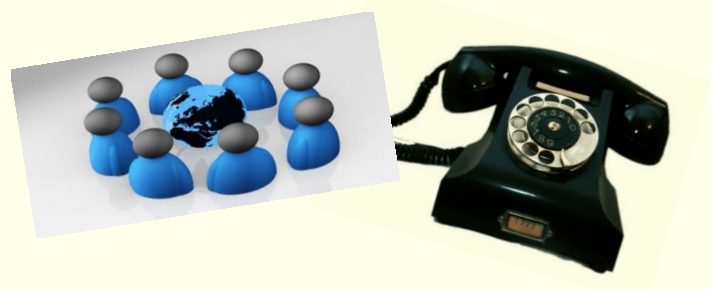
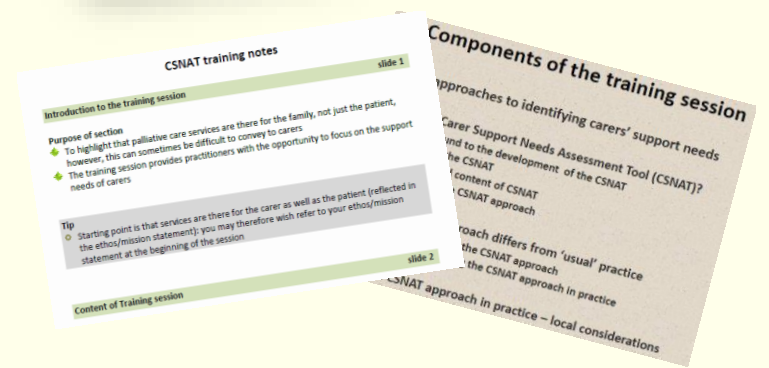


What do we currently provide?

Training workshop
(currently funded by
Hospice UK)



 	
Carer Support Needs Assessment Tool (CSNAT) Training day	
10.00-10.30	Arrival and tea/coffee
10.30-11.00	Welcome and introduction to the training day
11.00-11.30	Identifying carers' support needs – exploration of current practice
11.30-11.45	The Carer Support Needs Assessment Tool – definition
11.45-12.00	Tea/coffee break
12.00-12.30	Background to the development of the CSNAT <ul style="list-style-type: none"> Content and format of the CSNAT The CSNAT as part of a process of assessment (the CSNAT approach) Exemplars of using the CSNAT approach in practice
12.30-12.50	Group work - using the CSNAT approach as part of your practice
12.50 – 1.00	How the CSNAT approach differs from usual practice – the 'added benefits'
1.00-1.30	Lunch break
1.30-2.00	Implementing the CSNAT approach within the organisation <ul style="list-style-type: none"> The CSNAT 'toolkit' Pre implementation planning – systems Implementation – facilitation Support for Champions
2.10-2.40	Group work - planning for the implementation of the CSNAT approach:
2.40-2.50	Tea/coffee break
2.50 – 3.20	Implementation of the CSNAT approach <ul style="list-style-type: none"> Feedback from group work Exemplars from other sites
3.20 – 3.35	What happens next? <ul style="list-style-type: none"> Post training contacts CSNAT licences
3.35 -3.45	Any further questions Close of session



Organisational considerations

Organisation agreement

- Ensure management support is in place for the implementation project

Carer record

- Where are details on the carer currently recorded? Do you need to set up a new record for the carer? What resources will you require to do this?

Current Policies

- Are there any policies that relate to assessing and addressing carer support needs? Can these be re-visited?

Facilitation considerations

Core team

- Management, team leader/manager, IT/admin, practitioner 'on the ground' to lead on the overall implementation project

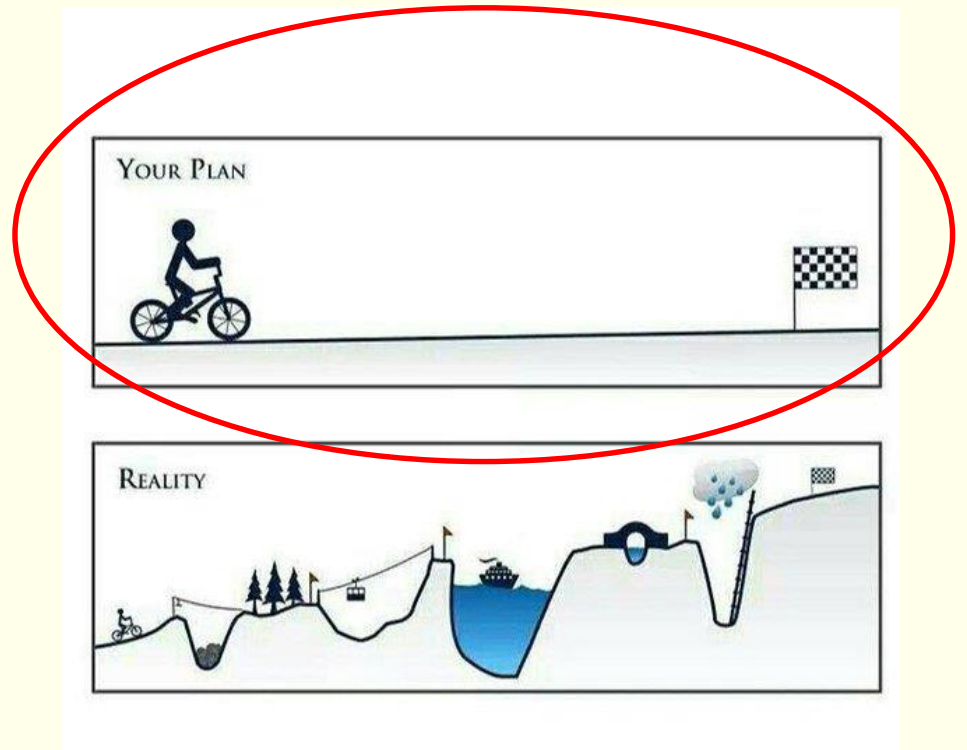
Selecting sub-champions

- We recommend each team also has sub-champions who will support their colleagues in the use of the CSNAT approach

Additional Training

- Is any other staff training required prior to the implementation? (e.g. communication skills)

Implementing a New Evidence-Based Practice: it is possible!



Next Stages

- We are currently developing an on-line training package.
- This will be piloted with services to gain invaluable feedback on its feasibility.



Acknowledgements

- Organisations who have participated in our research studies to date.
- Individual practitioners who have provided invaluable feedback which has helped inform the development our training & support package.
- Study funders who have helped to make all this work possible.
- Hospice UK for funding our latest series of workshops.

